## 14/13 3 Month Team USA Michigan Volleyball Team Information

## **Competition Schedule:**

Lakeshore Power League - Grand Rapids, MI
[1/13, 1/20, 2/10. 2/24]
Winter Bash - Grand Rapids, MI
[3/3-3/4]
Best of the Midwest - Grand Rapids, MI
[3/17-3/18]

There will be further discussion on a spring 3 month team option in the future. But at this time, only a winter option.

## **Gear:**

- 2 Jerseys
- Spandex
- 2 Practice T-shirts
- Water bottle

Total Cost: \$895



· Optional gear will be available after teams are formed.

For instance: Backpack, shoes, warm up sweatshirt, warm up joggers, additional socks, spandex, practice t-shirts, hitters pullover warm up top, cover up shorts, ankle braces, etc.

Training: 2 team practices per week— Tuesday/ Thursday 6:30-8:30pm

There will also be the option to sign up for additional Position Advancement Classes on Sundays. 4 hrs/wk, with a potential of 6 w/class

**Coach:** Colleen Whitman

## Miscellaneous:

- Total cost will be paid in monthly installments.
- There will be fundraising opportunities
- 9-10 Players per team
- Teams will play in the division the club director sees fit, per team.
- All Gear is Mizuno

- 6 Play dates, with the potential to add a Spring Season at a later date.
- Questions: email agreene@americanathlete.com