



AMERICAN ATHLETE POSITION ADVANCEMENT

Who: Any athlete that would like to better their skills in a specific position in grades 9-12

What: These are classes for each skill:

1st Contact Class: Libero/DS/Outside Hitters or anyone who would like to focus on underhand passing. This class will focus on Serve Receive and Defense.

2nd Contact Class: Setters or anyone who would like to focus on over hand passing. This class will focus in on Setting Mechanics and Tactical Setting.

3rd Contact Class: Attacking Attacking Attacking! Outside Hitters, Right Side Hitters, Middle Blockers, Etc. This class will focus on attacking mechanics and attacking per position.

When: January 14, January 21, February 11, February 18, March 11.

2nd Contact: 12:00-1:30pm

1st Contact: 1:45-3:15pm

3rd Contact: 3:30-5:00pm

Where: The Gagie School: 530 Whitcomb St, Kalamazoo, MI 49008

How Much: 1 Class: \$150.00 // 2 Classes: \$125.00 each // All 3 Classes: \$100.00 each

-If you would like to sign up for multiple classes, register for ONE, **email** Alex Greene (agreene@americanathlete.com) to set up payment for the other class or classes.

- The classes will be coached by Coach Colleen Leonard.

-If you have any questions please email Alex Greene and she will get back with you ASAP.

-When registering, if the website asks for a username and password, DO NOT MAKE AN ACCOUNT, email Alex and she will provide you with that information.

-THERE ARE LIMITED SPACES! 16 slots per class. Once the classes are filled registration will close.