

What Is Our Philosophy (in quick and fast bullet points!)?

- What we do to teach, train and coach is important and impactful.
- We have professional coaches whose mission is to assist every athlete!
- We recruit and are open to “stay the course” athletes no matter what our competition outcome.
- We aspire to an international world class culture.
- We teach the most up-to-date and cutting edge skills in an appropriate and efficient manner.
- We improve our feedback and methodology every hour, day and week throughout the entire year and then do the same thing the next season!
- We compete while always respecting our opponents.
- We always care for the facilities we use, the equipment we share and our own program, team and personal gear.
- We are great stewards of the sport always encouraging the next generation of athletes.
- We always leave the program better than when we found it and always give back to the sport!

25 seasons!