

Where we spend most of our time!

We return to Loy Norrix HS this season with great fanfare and much applause. We've been away for too long great lady and we have missed you and now want to honor you with only great training!

Our 6+ month elite teams' middle school through high school will be training on Monday and Wednesday evenings at Loy Norrix HS and on Sundays at Hackett Catholic Prep HS. Both are sound and safe venues with great wood floors and of course, world class Senoh equipment!

Our 3+ month competition teams will be training out of another excellent venue, the Maple Street Middle School located a short distance away from both Loy Norrix HS and HCP.

Finally, our 3+ month competition teams at the middle school and 12U level will be using the great Gagie School learning center.

All these facilities love hosting our USA MI athletes because we take care of and for these gyms before, during and after we are finished training.

25 seasons!